



ADIKAVI NANNAYA UNIVERSITY

RAJAMAHENDRAVARAM, ANDHRA PRADESH INDIA-533296



One Day National Webinar on
“MANAGING CAREER, STRESS AND ANXIETY DURING & AFTER COVID-19”

DATE : 03-09-2020 TIME: 11:00 AM onwards

- Objective of the session :**
- To drive the participants (Students) for healthy, successful and stress free life
 - To sensitize the participants on the various aspects of virtual and online learning
 - To empowerment for effective decision making in critical and complex situation
 - To make participants happier and more productive



CHIEF PATRON
Prof. M. Jagannadha Rao
 Vice Chancellor,
 Adikavi Nannaya University.



PATRON
Prof. B. Ganga Rao
 Registrar,
 Adikavi Nannaya University.



Speaker
Prof. B. Raja Shekhar
 Pro-Vice Chancellor,
 University of Hyderabad.



Speaker
Prof. MVR Raju
 Dept. of Psychology,
 Andhra University.



Speaker
Kornala. Murali Krishna
 Yoga Instructor,
 AKNU MSN Campus.

- Advisory Committee**
- Prof. K Sree Ramesh *Principal UCAC*
 - Dr. K Ramaneswari *Principal UCST*
 - Dr. V Persis *Principal UCENG*
 - Prof. Konduru Subba Rao *Principal UCED*
 - Prof. S. Prasanthi Sri, *Special officer, AKNU MSN Campus*
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 - Dr. A. Matta Reddy *Dean (I/c), Examinations*
 - Dr. D Jyothirmmai *Director, DOA*
 - Prof. T. Ashok, *EC Member, Dept. of English, AKNU MSN campus*
 - Dr. B. Jagann Mohan Reddy, *EC Member, Dept. of Chemistry.*

Who Can Attend:
Students, Youth and Employees (No Registration Fee)
REGISTRATION Link: <https://forms.gle/inZbHRSatnELHh4L9>
Requirements for the webinar: Desktop/Laptop/Smart Phone with good internet speed and sufficient data pack. Functional webcam, microphone & head phones are compulsory
 * Webinar Link will be sent to your registered email



Convener
Dr. N. Uday Bhaskar
 Dean, Student Affairs,
 Adikavi Nannaya University.
 Contact : 9490450510

- Co-Conveners**
- ☐ Mr. Y. Manoj Deva, *DCMS, AKNU MSN Campus, KKD*
 - ☐ Dr. B. Srinivas Raja, *Dept. of EIE, UCE, ANUR.*



****E -Certificate will be issued to everyone based on the registration and attendance of the Sessions**